



Project Aims

- Learn how our current wellbeing activities can be improved by working with health partners through heritage
- Discover how recent research into the community use of the Gaelic language can enrich our Gaelic only activities
- Explore how virtual reality can contribute to our local sense of place, value, identity, and wellbeing
- Look at how the community can use these pilot studies to shape the development of Sgoil Chàrinis

Contact Us

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www.ceut.scot/wellbeing

CE.Uibhist.a.Tuath

Watch out for our workshops, heritage walks, digital activities over the summer. A 3-month part-time post for a Gaelic speaker to work on the Summer Activities will be advertised shortly.



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North Uist Historical
Society

**FÀILTE GU 'AIRE
AIR SUNND'**
*Welcome to our
Gaelic, Heritage, and
Wellbeing Project*

Launching Friday 6th May 2022

Webinar 14:00 - 15:00

Please join us on Zoom to hear all about it

- Wellbeing Workshops with Jessica Wood, *University of Aberdeen*
7th May and 21st May
- Gaelic Workshops with Gordon Wells, *University of the Highlands and Islands*
Dates to be Arranged (mid-June)
- Virtual Reality and Digitisation Feis *University of St Andrews*
2nd - 3rd September

Funded by the Wellcome Trust, through the British Science Association 'Ideas Fund'.



**Please register to our events by
contacting the Project Officer:**

Sharon Pisani

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University of Aberdeen

Researcher partners from the University of Aberdeen will help us define wellbeing in our community and what matters to us. To achieve this, they will work with us through a number of workshops, the first ones taking place in May, to reflect on definitions of wellbeing, how we can measure it and how we can then evaluate and review the heritage activities that will be running as part of the Aire air Sunnd Project.

Dates for diaries with further information available:

Workshop 1

In-person: 7th May 10:15 - 13:00

Online: 10th May 19:00 - 20:30

Workshop 2

In-person: 21st May 10:15 to 13:00

Online: 24th May 19:00 - 20:30

Further workshops will run later in the year with dates TBC



Smart Heritage

University of St Andrews

The Smart Heritage social enterprise will develop a Virtual Museum Without Walls that will provide a platform for interactive maps, digital galleries, and Virtual Reality Apps. We will use digital technologies to capture, images, models, and stories of the past. Using digital scanners, drones, and cameras, we will make models of heritage places and objects and record the rich stories attached to these. This will enable CEUT to preserve North Uist's unique culture, Gaelic language, and environment for the wellbeing of future generations, and her many migrants spread across the diaspora.

We hope that CEUT members and the local community will start thinking about choosing favourite places, objects, and stories to engage with from their own Uist local heritage, so we can record these. We will be exploring together how Virtual Reality and Augmented Reality can be used to promote heritage and wellbeing through telling our local stories in exciting ways.



Guthan nan Eilean *Island Voices*

University of the Highlands and Islands



As a "Language capture and curation" project, Island Voices has already worked closely with CEUT, and with UHI and other university partners to record and share locally told stories and events in various languages, and especially in Gaelic. Recent research has underlined the importance of island communities in Gaelic practice and heritage. We aim to help local speakers explore their pivotal place in the Gaelic world in their own terms, yet in a way that can also give their non-speaking neighbours and friends an understanding of parts of their local community culture to which they may have had limited previous access.

